



## AXS Moab - Race Update #2

All information for the event is now final. Below is a To Do list for all athletes. These instructions will ensure you are prepared for the event and that racer check-in will go smoothly. If you have any questions about the event please let us know. We look forward to seeing you at racer check-in on Friday April 21st, 7:00-10:00pm at Aarchway Inn.

**Volunteers Needed - Earn a Race Voucher:** Do you have family or friends coming with you? If so put them to work! Volunteers who help with the event for an 8-12 hour shift get a \$100.00 race voucher that can be used by anyone for a future race. Please send us an email to apply. Applicants are taken on a first come first served basis.

**Paddle Section/Boats & Gear:** All 2 person teams will be required to use the kayaks provided by the event. We DO NOT provide life vests or paddles (rentals available). Additionally, teams will not be permitted to make alterations to the kayaks. - Solo athletes are required to bring their own kayak of choice for the race. Or, you can rent a solo inflatable kayak from us here: <http://gravityplay.com/event-registration/>

**Gear Drop & Hydration for the race:** **There is only 1 gear drop for this race, for the Bike to Kayak transition.** The order of disciplines will be Bike, Run/Rappel, Bike, Kayak. The first 3 legs of the course are unsupported with no access to your gear box at a transition area, and there is no water available during this stretch. You MUST be sure to carry enough water/food and required gear to get through this distance of the course. Please come prepared for this. (Note: Duathlon Racers must carry everything for the whole course.)

## Athlete To Do List:

1. **Team Makeup** - Please go to the website and check your team entry. If you need to change categories, add or change teammates or change your team name, these changes must be made by April 15th. Go to the website and click on the "Teams-Results" button to find the team listings.
2. **Required Forms** - Each team/participant must bring the completed forms to racer check-in; **Liability Waiver, CDOT Waiver, and the Ropes Waiver.** Please have these forms completed before you go through the check-in line. These forms can be accessed from the "race updates" tab on the websites race page.
3. **Unsupported/Gear Drop** – This race is easiest to do without a support crew. You will simply drop your gear bins/bags at the Transition Area prior to the start of the race and pick it up after. If you wish to have a support crew you can, but access to the majority of the course is not open to support crews due to parking and permit limitations. More information will be provided to you at Racer Check-in regarding the gear drop location and logistics.
4. **Gear List** - Make sure you print a copy of the required gear list from the website. All items on this list are required to compete in the event.
5. **Rules and Code of Ethics.** – The AXS rules and code of ethics is posted on the website. You are required to know the rules for the event.